

NUJ EXTRA – TRUSTEES WEBSITE - include on Who's who page



MITZI BALES

For three years the NUJ charity supported a close friend who was terminally ill with cancer. I was deeply impressed with this and more so with the way that the NUJ Extra maintained his dignity throughout. I wanted to give something back and hoped to be elected as a trustee in order to do so. I was duly elected and at age 91 I'm serving my union in a new and fulfilling way.

I was a founder member of the Book Branch following on from being active in the Book Section of the Magazine and Book Branch and I have served in every office bar chair and treasurer. I'm still active in the branch as welfare officer and I also take on assignments as they arise. However, at age 91 I now must attend night meetings by conference call. I helped organise the chapel at Aldus Books and was the MOC for several years. As such I negotiated the first contract and the succeeding ones. We were all made redundant when the US management closed the company. I am privileged to be a life member.



JOHN BARSBY

John Barsby, an NUJ Member of Honour and former union president, is the NUJ's Hon General Treasurer and a Trustee of NUJ Extra.

John is one of the longest serving members of the National Executive and a former chair of the Finance Committee and Broadcasting Industrial Council.

With a long career in the BBC, John has represented and helped many union members facing both industrial and personal problems.

He says: "It's so important and also rewarding to be able to assist those of our colleagues and their dependants when they need help and can turn to NUJ Extra."



DEBBIE CALVALDORO

Currently works at: Nautilus International

Job Title: Head of Strategy

Experience: Debbie has a long history of working with both Trade Unions and Communications. Before taking up her current role developing the strategy and campaigning arm of Nautilus, she worked extensively on the Nautilus Telegraph. Prior to joining Nautilus in 2011, she has worked in various PR roles including for Central government, a football club and the NUJ. She has received various awards over the years for both journalism and campaigning, including the TUC Communications Awards, Transport Journalist of the year, European Association Awards and European Excellence Awards and UK Association Awards.



ANN COLTART

Ann is an old-timer transfer from Glasgow branch, ready to make way for a younger active person on our union's charity.

She joined the NUJ as an indentured sub reporter with the Birkenhead News in 1960. Moving to London, she spent time on the Chelsea Post and Kensington Post, then the Swindon Evening advertiser in Wiltshire.

For ten years as a single parent, she worked as a cook, barmaid, community theatre administrator and adult literacy lecturer in London.

On moving to Glasgow, she was a freelance feature writer and became active in the NUJ again, at branch level and with Equality, Ethics, Scottish Executive council, 60+ and Disabled members' councils, enjoying a short year on the NEC and a few years helping advance women's involvement within the IFJ.



CHRIS FROST (Photo by Paul Herman)

Chris is emeritus professor of Journalism at Liverpool John Moores University where he was head of department for many years. He has been a journalist, editor and journalism educator for more than 45 years working mainly in newspapers before his move into the academy.

He was made a member of honour of the union this year and he sits on the National Executive Committee of the National Union of Journalists and has been chair of the union's Ethics Council for many years. He is a former

President of the National Union of Journalists, a former chair of the Association for Journalism Education and a former member of the UK Press Council. He has written several books about *Journalism: Journalism Ethics and Regulation* (now in its fourth edition); *Designing for Newspapers and Magazines* (now in a second edition); *Reporting for Journalists* (now in its second edition); and *Media Ethics and Self-Regulation* as well as many book chapters and papers on journalism ethics and regulation. He is in the process of writing a new monograph: *Privacy and the News Media* for Routledge. As well as publishing academic papers he writes articles on journalism ethics, regulation and law. He gave written and oral evidence to the Leveson Inquiry for the NUJ, has given oral and written evidence to a number of parliamentary select committees and has spoken at conferences or worked as a consultant in much of Eastern Europe, India, Asia and Africa and is a visiting professor at UiTM in Malaysia.

He says that he enjoys being an NUJ Extra trustee as helping those in need is the union's most important duty.



ANITA HALPIN

Anita Halpin has been a member of the NUJ for over 40 years. Now retired, she worked in pr and communications as both a staffer and, laterly, a freelance. A member of the union's national executive council for 25 years, she served as president from 1994-1995. At the end of her term she did a short stint as the administrator for the then NUJ Provident Fund (the forerunner of NUJ Extra) and still remembers some of the long-time beneficiaries. Anita has been a trustee for many years, first *ex officio* while union treasurer and then as an elected trustee.

FRANCIS SEDGEMORE – the NUJ Extra Vice Chair



Francis is a freelance science and policy journalist based in the East of England. A member of the NUJ since the mid-noughties, Francis has been active at all levels of the union from branch to industrial and other advisory councils, and he is an accredited union negotiator. Francis is currently vice-chair of the NUJ's Freelance Industrial Council. Francis became an NUJ Extra trustee in order to serve union members in need of urgent financial support. He has a thorough understanding of welfare and workplace issues, and a good knowledge of the moral and legal responsibilities of charity trustees, acquired through previous voluntary work in the sustainable transport and local arts communities.



MICHELLE STANISTREET

Michelle is the elected General Secretary of the National Union of Journalists (UK and Ireland). Michelle worked as a journalist for ten years at the Sunday Express newspaper as feature writer and books editor. Michelle was NUJ mother of the chapel at Express Newspapers, as well as the national representative for newspapers and agencies on the NUJ's ruling NEC. In 2006 she was elected vice president of the NUJ and in 2007-8 served as the union's

President. Michelle became the first woman in the NUJ's history to be elected as General Secretary in April 2011 and the first woman Deputy General Secretary elected in 2008. Michelle has been a Trustee of NUJ Extra for 11 years.



CHRIS WHEAL – the NUJ Extra Chair

Chris is a freelance journalist and trainer who has been a member of the NUJ since he started work in 1987. He runs his own business, Wheal Associates, producing magazines, providing consultancy, writing articles and managing editorial teams.

He has edited three trade magazines and three websites, written for national newspapers and consumer magazines and has won awards for his journalism. He was chair of the NUJ's Members in Need Fund and steered through the creation of NUJ extra, "I first got involved with the charities after our car

accident more than 20 years ago. At that time the NUJ Members in Need Fund had literally just started and was in no position to help people like us. My wife was unable to work for a long period, I was only injured for three weeks (broken hand). But I worked half the week and lived in London alone for that time then spent half a week at my parents, mainly in hospital with my wife. My mum and sister looked after our son. The NUJ's charities didn't have the money to help me at the time. I was determined to fund raise to help it help journalists in the future. After fundraising I became a trustee, then chair of trustees and then I oversaw the merger to create a single NUJ charity to help members, former members and dependants."